



MANJUSHREE PALIT

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Research Interests: Family Studies, Mental Health, Families and Illness, Program Planning and Evaluation, Sexuality, Gender, Race, Culture Diversity, Sexual Violence, Intimacy and Couple Relationships, and Therapy

EDUCATION

- 2013** **Ph.D. Human Development (Marriage and Family Therapy)**, Virginia Tech
Dissertation Title: "Uncovering Messages of Intimacy in Urban, Educated, and Middle-income Married Indian Couples: A Phenomenological Study Using Pictures as Metaphors"
Chair: Fred P. Piercy, Ph.D
- 2004** **Post-Graduate Diploma in Counselling Psychology**,
Xavier Institute of Counselling Psychology, Mumbai, India
- 2001** **Master of Arts (MA), Psychology**, Utkal University, Bhubaneswar, India
Master's Thesis Title: "How parental involvement influences the cognitive development of boys and girls from high and low socio-economic status?"
Chair: Kasturi Jachuck, Ph.D
- 1999** **Bachelor of Arts (BA), Psychology (Major), Functional English (Minor)**,
Ravenshaw (Autonomous) College, Cuttack, India

WORK EXPERIENCE

- April 2016- Present** **Assistant Professor & Deputy Director, Jindal Institute of Behavioural Sciences (JIBS), Deputy Director, Center for Victimology & Psychological Studies, OP Jindal Global University, JGU, India**
Director: Prof. (Dr.) Sanjeev P. Sahni
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Specific Duties: Teaching undergraduate classes.

Grant writing, Writing research proposals, scholarly articles for journal publication,
Organizing Conferences, Seminar and Symposium Presentation
Managing the University Counselling Centre at OP Jindal Global University (JGU)
Community Outreach
Administrative Duties, JIBS

- Oct 2014- April 2016** **Assistant Director (Research & Projects), Jindal Institute of Behavioural Sciences (JIBS), OP Jindal Global University, JGU, India**
Director: Prof. (Dr.) Sanjeev P. Sahni

Specific Duties: Teaching undergraduate classes.

Grant writing.
Writing research proposals, scholarly articles for journal publication
Conferences, Seminar and Symposium Presentation
Managing the University Counselling Centre at OP Jindal Global University (JGU)
Outreach

- 2013 - 2014** **Supervised Clinical Associate, Houston Galveston Institute, USA (Optional Practicum Training- OPT)**
Supervisor: Dr. Harriet Roberts and Dr. Susan B. Levin

Specific Duties: Provided clinical supervision to Master's Interns. Provided therapy services to clients (individual, couple, and families in the community, school, medical clinic and Domestic Relations Office). Conducted group therapy and relationship workshops. Coordinated the Walk-in Clinic and managed documentation.

- 2007-2013** **Research Team Member, Virginia Tech, USA**

Specific Duties: Worked on different research projects with different faculty members - Drs. Fred Piercy, Tina Savla, Katherine Allen, Joyce Arditti and Margaret Keeling. Conducted literature review (searched and reviewed articles, located psychometric properties of instruments, created APA citation for references), data collection (survey questionnaire, phone interview), data coding (typing narratives, grounded and phenomenology methodology) and writing for publication in a journal. These projects were on the topics (Extent of Involvement of Mental Health Care Workers in Medical Settings; Mild Cognitive Impairment (MCI); Content Analysis of Virginitiy Research; Maternal Distress Project; Parental Incarceration; Migrant Latino Fathers; and "How therapists initiate conversation of gender with their clients?"). Please review appendix for publication and participation in conference and workshops.

2012 - 2013 **Doctoral Intern, Houston Galveston Institute, USA;** Supervisor: Dr. Susan B. Levin
Editorial Assistant, "International Journal of Collaborative Practice" Houston Galveston Institute
Editors: Drs. Harlene Anderson & Saliha Bava

Specific Duties: Provided therapy services to clients (Individual, couple, and families) in the community, medical clinic and school setting. Provide group therapy and relationship workshops for couples. Provide training workshops (for non-profit organizations). Managed documentation. Attended training seminars. Performed administrative duties and grant writing.

Specific Duties: Managed submissions to the journal. Coordinated with the editor, authors, reviewers and publishers. Assisted the Editor in preparation of annual reports. Performed administrative duties.

2011 – 2012 **Editorial Assistant, Journal of Marital and Family Therapy (JMFT),** Virginia Tech, USA;
Editor: Dr. Fred Piercy
Instructor, HD 2314 Human Sexuality (**Online course** Summer I 2011); Supervisor: Dr. Valerie Glass

Specific Duties: Managed the editorial office and performed administrative duties. Managed submissions to the journal. Coordinated with the editor, associate editors, authors, reviewers and publishers. Prepared annual reports.

Specific Duties: Prepared Scholar site for online course. Prepared syllabus, lecture slides, online assignments, discussions and final exam. Maintained office hours for students online. Taught class of approximately 25-30 students' online, graded assignments and discussion and uploaded the grade on Scholar.

2010 – 2011 **Grant Writing Support,** College of Liberal Arts and Human Sciences (CLAHS), Virginia Tech, USA;
Supervisor : Dr. Fred Piercy

Instructor, HD 2314 Human Sexuality (**Online course** Summer II 2010); Supervisor: Dr. Valerie Glass

Specific Duties: Searched and located grants for CLAHS faculty members. Served as a liaison between Office of Sponsored Programs (OSP) and CLAHS. Provided information related to grant preparation. Updated the Research Information webpage for CLAHS webpage. Provided training workshops for Community of Science (COS) and Foundation Directory Online (FDO). Disseminated information about grants to Faculty listserv. Prepared and executed feedback survey for faculty.

Specific Duties: Prepared Blackboard for online course. Created syllabus, lecture slides, online assignments, discussions and final exam. Maintained office hours for students online. Taught class of approximately 25-30 students' online, graded assignments and discussion and uploaded the grade on Blackboard.

2010 **Research Assistant,** Human Development Department, Virginia Tech;
Supervisor: Dr. Shannon Jarrott (Book Editor of Journal of Intergenerational Relationships)
Instructor, HD 2314: Human Sexuality (**Lecture,** Spring 2010); Supervisor: Dr. Christine Kaestle

Specific Duties: Assisted the Book Editor (Dr. Jarrott). Contacted publishers/authors for book review for Journal of Intergenerational Relationships (JIR). Provided research assistance on the topic, "Intergenerational Literature Analysis" by reviewing intergenerational literature, cleaning data by checking and rechecking data for errors, analyzing and coding data. Compiling a master Intergenerational Endnote Library for peer reviewed articles.

Specific Duties: Prepared syllabus, lecture slides, assignments, in class and online discussions and exam and maintained office hours for students. Taught a class of approximately 80 students.

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- 2007-2010** **Family Therapist Intern**, Family Therapy Center; Virginia Tech, USA
Supervisor: Dr. Margaret Keeling & Dr. Scott Johnson
Specific Duties: Provided therapy services to individual, couples, and families and managed documentation.
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- 2008 – 2009** **Editorial Assistant**, Family Relations Journal; Editor: Dr. Joyce Arditti, Virginia Tech, USA
Training and Development Specialist (2 months), University Union Student Affairs (UUSA) Office,
Student Squires Center, Virginia Tech, USA; Supervisor: Greg Beecher
Specific Duties: Performed administrative duties for the editorial office. Coordinated with the editor, associate editors, authors, reviewers and publishers. Prepared annual reports. Planned and executed the Editorial Board Meeting and Luncheon.
Specific Duties: Conducted online search. Designed and conducted online survey for the UUSA staff. Prepared training module for the staff and formulate reports on the possible training programs for the staff. Coordinate with the staff and the supervisors.
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- 2007 –2008** **Graduate Assistant**, Office of Multicultural Affairs (OMA), Virginia Tech, USA;
Supervisor: Ray Plaza
Specific Duties: Conducted online search, design and create online survey.
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- 2007** **Data Collector** (Consultant), Nirmala Niketan Institute of Social Work, Mumbai, India.
Research Project: “Study of Factors associated with Adherence/Non Adherence to Highly Active Retroviral Therapy among HIV/AIDS patients”. The study commissioned by the Division of Infectious Disease and International Medicine, University of South Florida.
Supervisor : Dr Geeta Balakrishnan
Specific Duties: Conducted in-depth interviews with the HIV-positive males and females in their local language (Hindi). Collected data, translated and transcribed the recorded interviews from Hindi to English. Completed the qualitative and the quantitative questionnaires in English on the basis of the recorded interviews which were in Hindi. Assisted in writing qualitative report.
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- 2006 –2007** **Counselor and Social Worker**, Indian Association for Promotion of Adoption and Child Welfare, Mumbai, India; Supervisor: Mrs Kaumudi Telang
Specific Duties: Provide counseling services to adolescent and young children on their personal, school, family and academic problems. Organized and conducted women’s group with mothers of the adolescent and young children. Worked with the guardians/ parents/adoptive parents to provide a stable and conducive home environment for the growth of the children. Supervised the daily activities of the development center and write reports. Coordinated with the Child Guidance Clinic.
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- 2004 –2005** **HIV/AIDS Counselor**, PSI (Population Services International), Mumbai, India;
Supervisor: Mrs Kalpana Mendan
Specific Duties: Provided information and therapy over the telephone to clients who were HIV infected or at risk for HIV or Sexually Transmitted Infections (STI). Conducted risk assessment and risk reduction and provided information about HIV and STI testing. Participated in in-house sessions, workshops, training and health exhibitions in schools, colleges and health fairs creating awareness on HIV/AIDS and sexually transmitted Infections (STI), testing and treatment if required, sexuality, bisexuality and homosexuality. Analyzed data, wrote reports and prepared presentations. Conducted training for counselors and other non-governmental organizations. Networked with other organizations.
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JOURNAL PUBLICATIONS

Palit, M., Dhanda, A., & Jain, G. Preventing femicide in India (In press): Valuing and safeguarding the girl child and women. Femicide Volume IV, ACUNS (Academic Council of United Nations System)

Jain, G., **Palit, M.,** & Dhanda, A. (In press). Honor restored with the blood shed of loved ones: Honor killing and bystander intervention. Femicide Volume IV, ACUNS (Academic Council of United Nations System)

Palit, M., & Allen, K. Making Meaning of the Virginity Experience: Young Men's Perceptions in the United States. (Manuscript under Review)

Sahni, S. P., Dhanda, A., & Palit, M. Legislative reform suggestions for a victim sensitive legislation in India. International Perspectives in Victimology (Accepted Manuscript).

Chen, R., Piercy, F. P., Huang, W., Jaramillo-Sierra, A. L., Karimi, H., Chang, W., **Palit, M.,** Martosudarmo, C., & Antonio, A. A Cross-National Study of Therapists' Perceptions and Experiences of Premature Dropout from Therapy. *Journal of Family Psychotherapy* (Accepted Manuscript).

Jaramillo-Sierra, A. L., Piercy, F. P., Chang, W., **Palit, M.,** Chen, R., Karimi, H., Martosudarmo, C., & Antonio, A. (2015). Couple and family therapists' perceptions of women's depression and preferred treatment modalities: A cross-national exploration. *Journal of Family Psychotherapy*, 26, 226-242, doi: 10.1080/08975353.2015.1067534

Piercy, F. P., Chang, W., **Palit, M.,** Jaramillo-Sierra, A. L., Chen, R., Karimi, H., Martosudarmo, C., & Antonio, A. (2014). A cross-national study in family therapy training: A collaborative pilot project. *Contemporary Family Therapy*, 36, 250-259. doi: 10.1007/s10591-014-9300-z

Piercy, F. P., Chang, W., **Palit, M.,** Jaramillo-Sierra, A. L., Chen, R., Karimi, H., Martosudarmo, C., & Antonio, A. (2013). Cross-national research in family therapy: One encouraging collaborative approach. *Journal of Family Psychotherapy*, 24, 296-305. doi: 10.1080/08975353.2013.849559

Piercy, F. P., & **Palit, M.** (2012). Editor's Annual Report: 2011-2012. *Journal of Marital and Family Therapy*, 38, 697-703. doi: 10.1111/j.1752-0606.2012.00337. x

Keeling, M. L., Butler, J., Green, N., Kraus, V., & **Palit, M.** (2010). The gender discourse in therapy questionnaire: A tool for training in feminist-informed therapy. *Journal of Feminist Family Therapy*, 22 (2), 153-169, doi: 10.1080/08952831003787883. (Butler, Green, Kraus & Palit are equally second authors)

BOOK-CHAPTER

Palit, M., & Levin, S. Collaborative Therapy with Women and Children Refugees in Houston: Moving toward Rehabilitation in U.S after Enduring Atrocities of War. In Dr Laurie L Charlés & Dr Gameela Samarasinghe (Eds). **Family Therapy in Global Humanitarian Contexts: Voices and Issues from the Field** (Accepted Manuscript, Springer Publication).

Piercy, F. & **Palit, M.** (2014). Addiction and recovery: Two reflective learning activities. In R. Bean, S. Davis, and M. Davey (Eds). **Clinical supervision activities for increasing competence and self-awareness, (281-286)**. Boston: Wiley.

ORAL PRESENTATIONS

2015 Ancillary Session Presentation at 13th United Nations Congress on Crime Prevention and Criminal Justice (12th -19th April, 2015), Doha, Qatar on the following topics

- Ancillary Session Topic: *Internet Infidelity: Adultery in the Age of Technology*
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Presentation Topic - Internet Infidelity: What happens to Intimate Relationships?
(April 13th 2015)

- Ancillary Session Topic: *Sexual Violence against Women: Strengthening Preventive Steps (14th April, 2015)* (Moderator of the ancillary session)
- Ancillary Session Topic: *Global Perspective on Death Penalty*
Presentation Topic: Trauma, Grief and Loss (April 15th, 2015)

2012 36th Quint State Conference 2012 (Feb 9-11th, 2012) or the “South-eastern Symposium on Child and Family Development” Virginia Tech, USA
Session Topic: Uncovering Messages of Intimacy in Married Indian Couples in India, (10th Feb, 2012)

2012 American Association for Marriage & Family Therapy (AAMFT) (13th-16th September, 2012) Charlotte, North Carolina, USA
Session Topic: “Writing for Publication: Demystifying the Process” (15th September, 2012); Speakers: Fred Piercy & Manjushree Palit

POSTER PRESENTATIONS

2015 Topic: Preventing Victimization in Married Couple Relationships in India: Understanding the Role of Intimacy
Poster presented at 15th Symposium of the World Society of Victimology, 5-9th July, 2015) Perth, Australia

2011 Topic: Intimacy Experiences in Indian Couples in the United States and India.
Poster presented at 35th Annual Quint State Conference or the “Southeastern Symposium on Child and Family Development”, University of North Carolina, Greensboro, USA

2009 Topic: Indian women’s perception of an intimate couple relationship: A qualitative analysis.
Poster presented at Virginia Association of Marriage & Family Therapy (VAMFT) Conference (April 3rd, 2009), Virginia, USA

AWARDS

2012 International Scholars Grant (\$400)
2010 HD Graduate Student Research Grant (\$450)
GSA Graduate Research Development Program Award (\$600)

MEMBERSHIPS

2012 - 2015 Collaborative Family Healthcare Association (CFHA)
CFHA Mentorship Program (Mentor: Dr. Parinda Khatri)
2012 - 2014 Houston Association of Marriage and Family Therapy (HAMFT)
2008 – 2016 Member of American Association for Marriage and Family Therapy (AAMFT)
2008 – 2012 Student Member of Virginia Association for Marriage and Family Therapy (VAMFT)
2010 – 2015 Phi Kappa Phi Member

VOLUNTEER EXPERIENCE

2013 Volunteer Coordinator for Conversation Fest 2013, League City, Texas
2011 Guest Speaker, HD 4334: Addiction and Family (Fall 2011; Instructor: Dr. Fred Piercy)
2010 – 2014 Volunteer for Association for India’s Development (AID)

- 2009 Teaching Apprentice, HD 2314 Human Sexuality (Fall 2009)
Guest Speaker, HD 4364: Gender and Family Diversity (Spring 2009; Instructor: Narkia Green)
Volunteered as the on-campus counsellor support
- 2008 Teaching Apprentice, HD 3334: Individual and Family Interventions (Spring 2008; Instructor: Dr. Margaret Keeling).
- 2004 School Counsellor, St Stanislaus High School, Bombay, India; Supervisor: Late Fr Berkie D'Souza

PERSONAL PARTICULARS

Marital Status: Single

Nationality: Indian

Interests: Photography, Cooking, and Listening to Music

Language Proficiency: English, Hindi, Bangla