

Mohita Junnarkar (Ph.D.)

Address:

Permanent: 8/B Udaynagar CHS, Panchpakhadi, Thane,
Maharashtra-400602.

Current: C-1, 301, Tulip Grand, Sonapat-Narela Road, Sonapat,
Haryana.

Mobile: +91-9819312983/ 8930106665



Career Objective: I am looking forward to explore the field of psychology by working in research stimulating environment which will give me an array of experience to satiate my hunger for information. I strongly believe that my leveraging strengths of creativity, divergent thinking, ability to adapt and learn will enable me to excel as a researcher in psychology.

Research Interest: Adolescent Development, Eyewitness testimony, Memory, Positive Psychology, and Quantitative Research Methods.

Academic Background:

B.Sc. (Human Development) (2004) College of Home Science (Nirmala Niketan), Mumbai University with 64%.

M. H. Sc. Human Development (2006) S.N.D.T. Women's University, Mumbai with 70% (CPI, 5.45/6.00). First Rank among fifteen students. Dissertation Topic: Psycho-social Adjustment of Adopted Adolescents.

Ph.D. (2013) An Investigation into Eyewitness Testimony in Indian Context: An Empirical Investigation, Indian Institute of Technology Bombay (CPI 9.12/10).

Post-Doctoral Fellowship (April 2013-April 2015), IIT Delhi on Project titled "Relationship of Demographic Variables, Socio- Cultural Issues and Selected Psychological Constructs with the Positive Mental Health of North Indian Adolescents".

NET Qualified for Lectureship in 2006

Professional Certifications/ Continuing Education:

2007 Diploma in Youth Development by Commonwealth Youth Programme

2006 Certificate course in Guidance and Counselling, PGSR Department of Human Development, S.N.D.T Women's University, Mumbai.

Research Profile:

Google Scholar Profile (<https://scholar.google.co.in/citations?user=g157VOoAAAAJ&hl=en>)

Citations: 113

h-index: 7

i10-index: 6

Publications:

International Journal Papers

- Singh, K., **Junnarkar, M.**, Singh, D., Suchday, S., Mitra, S., & Dayal, P. (Under review). Associations between Spiritual Practices and Well-Being in Indian Elderly Rural Women. *Psychology of Religion and Spirituality*. (Accepted).
- Singh, K., **Junnarkar, M.** & Jaswal, S. (2017) Validation of the Flourishing Scale and the Scale of Positive and Negative Experience in India. *Mental Health, Religion and Culture*, 19(8), 943-954. DOI 10.1080/13674676.2016.1229289. (Indexing: SCOPUS; PSYCINFO)
- Singh, K., Singh, A., Kaur, J., **Junnarkar, M.** & Slezackova, A. (2016) Cross-cultural differences in Gunas and other well-being dimensions. *Asian Journal of Psychiatry*, 24, 139-146. (Indexing: SCOPUS; PSYCINFO)
- Singh, K., **Junnarkar, M.**, Jaswal, S. & Kaur, J. (2016) Validation of Meaning in Life Questionnaire in Hindi (MLQ-H). *Mental Health, Religion and Culture*, 19(5), 448-458 DOI 10.1080/13674676.2016.1189759. (Indexing: SCOPUS; PSYCINFO)
- Singh, K., Bassi, M, **Junnarkar, M.** & Negri, L. & (2015). Mental Health and Psychosocial Functioning in Adolescence: An Investigation among Indian Students from Delhi. . *Journal of Adolescence*, 39, 59-69. (Indexing: SCOPUS; PSYCINFO; Impact Factor: 2.704)
- Singh, K. & **Junnarkar, M.** (2015). Correlates and Predictors of Positive Mental Health for School Going Children. *Personality and Individual Differences*, 76, 82-87. DOI 10.1016/j.paid.2014.11.047. (Indexing: SCOPUS; PSYCINFO; Impact Factor: 2.417)
- Singh, K., Ruch, W. & **Junnarkar, M.** (2014). Effect of the Demographic Variables and Psychometric properties of the Personal Well-Being Index for School Children in India. *Child Indicators Research*, 7 (3), 1-15. DOI 10.1007/s12187-014-9264-4. (Indexing: SCOPUS; ProQuest; Impact Factor: 1.187)
- Singh, K. & **Junnarkar, M.** (2014). Validation and Effect of Demographic Variables on Perceived Quality of Life by Adolescents. *Asian Journal of Psychiatry*, 12, 88-94. doi><http://dx.doi.org/10.1016/j.ajp.2014.06.020></doi (Indexing: SCOPUS; PSYCINFO).

International Conference Proceedings

- Junnarkar, M.** & Khan, A. (2011). An Investigation into Eyewitness Accuracy an Indian Experience. *Conference Proceedings, International conference on Crossroads of Psychology and Law*, organized at American University of Armenia, Yerevan, Armenia, November 4 – 6, 2011.

National Journal Paper

- Singh, K., **Junnarkar, M.** & Mitra, S. (2018) Validation of Hindi Translated Scales on Grit, Resilience and Well-being. *Journal of Indian Academy of Applied Psychology (JIAPP)*, 44 (1), 89-98. (Indexing: SCOPUS)
- Singh, K., **Junnarkar, M.**, & Jain, A. (2017). Factors Affecting Mental Health of North Indian Adolescents. *Psychological Studies*, 1-10. **Accepted** (Indexing: SCOPUS; PSYCINFO, ProQuest)
- Kaur, J. & **Junnarkar, M.** (2017). Emotional Intelligence and Intimacy in Relationships. *The International Journal of Indian Psychology*. **Accepted**. (Indexing: Index Copernicus)
- Singh, K., **Junnarkar, M.** & Sharma, S. (2015). Anxiety, Stress, Depression & Psycho-social Functioning of Indian Adolescents. *Indian Journal of Psychiatry*, 57(4), 41-48. (Indexing: SCOPUS; Web of Science, PubMed)
- Singh, K., Kaur, J., Singh, D. & **Junnarkar, M.** (2014). Socio-Demographic Variables Affecting Well-Being: A Study on Indian Rural Women. *Psychological Studies*, 59(2), 197-206. DOI 10.1007/s12646-014-0239-9 (Indexing: SCOPUS; PSYCINFO, ProQuest)
- Junnarkar, M.** & Khan, A. (2013). Eyewitness Identification: Importance of Belief in Memory Accuracy. *Indian Journal of Psychology and Education*. Vol.3, No. 1. (Indexing: Scientific Indexing Services, Scholars Impact Factor, General Impact Factor)

Working Manuscripts:

- Junnarkar, M.** & Jain, R. Indian Validation of Facebook Addiction Scale.
- Sahni, S. P. & **Junnarkar, M.** Youth Problems: A Comparison of Indian and Chinese Youth

Books & Book Chapters

Books

- Singh, K., **Junnarkar, M.** & Kaur, J. (2016). Measures in Positive Psychology, Springer India. ISBN: 978-81-322-3631-3.
- Junnarkar, M.**, Kamath, R. & Koshy, S. (2011). Child Adoption: A study of Adopted Adolescents: Psycho-Social Adjustment of Adopted Adolescents in India. LAP LAMBERT Academic Publishing. ISBN: 978-3844332070

Book Chapters

- Sharma, T., Krishnan, A. & **Junnarkar, M.** (2018). Well-being and Happiness of Elderly Women (Chapter 12). In Sran, S. & Wadhawan, P. (Eds). Perspectives of Successful Ageing. New Delhi, Book Age Publications
- Singh, K. & **Junnarkar, M.** (2016). The Well-Being of Information Technology Professionals. *The Wiley Blackwell Handbook of the Psychology of Positivity and Strengths-Based Approaches at Work*, First Edition. Edited by Lindsay G. Oades, Michael F. Steger,

Working Manuscripts:

- Sahni, S. P., **Junnarkar, M.**, Thakur, A. & Lakhani, S. Death Penalty In India: An Opinion Poll. (Manuscript in Preparation)
- Sahni, S. P. & **Junnarkar, M.** (2018). Well-being of Domestic Workers. In Recognition of the Rights of Domestic Workers in India: Challenges and the Way Forward. Orient BlackSwan.

Conferences:

International Paper Presentations

- Junnarkar, M.** & Sahni, S. P. (2018). Exploratory Factor Analysis of Youth Problem Inventory in India and China. *24th Congress of the Cross Cultural Psychology, The University of Guelph, Canada*, 1-5th July, 2018.
- Singh, K & **Junnarkar, M.** (2018). Validation of Well-being Models on North Indian Adolescents. *24th Congress of the Cross Cultural Psychology, The University of Guelph, Canada*, 1-5th July, 2018.
- Singh, K & **Junnarkar, M.** (2018). Resilience among Indian Adolescents: A Multi-Group Study. *24th Congress of the Cross Cultural Psychology, The University of Guelph, Canada*, 1-5th July, 2018.
- Junnarkar, M.** & Jain, R. (2018). Facebook Addiction among Indian Youth. *29th International Congress of Applied Psychology, Montreal, Canada*, 26-30th June 2018.
- Sahni, S. P. & **Junnarkar, M.** (2018). Death Penalty: Indian Attitudinal Study. *29th International Congress of Applied Psychology, Montreal, Canada*, 26-30th June 2018.
- Singh, K., Singh, D., Mitra, S., **Junnarkar, M.** & Dayal, P. (2016). Effect on well-being of spiritual practices among Indian Elderly Rural Women. Mid-Year Conference on Psychology, Spirituality and Religion, *Society for the Psychology of Religion and Spirituality (APA Div. 36) and St. Joseph's College, New York, USA*, 11-12th March 2016.
- Singh, K. & **Junnarkar, M.** (2014). Effect of Age, Gender, Relationship with family and Self-concept on Adolescents Positive Mental Health. *49th National and 18th International Conference of Indian Academy of Applied Psychology, Dept. of Psychology, Smt. Laxmiben and Shri Chimanlal Mehta Arts College, Ahmedabad, Gujarat*, March 1-3, 2014.
- Singh, K. & **Junnarkar, M.** (2014). Correlates and predictors of Positive Mental Health in School Going Children. *1st International & 3rd Indian Psychological Science Congress-2014, Chandigarh, India*, February 24-25, 2014.
- Singh, K. & **Junnarkar, M.** (2014). Quality of Life of North Indian Adolescents. *International Conference on Multidisciplinary Healthcare AIIMS, New Delhi, India*, January 10 – 14, 2014.

- Singh, D., Pandit, R. K., & **Junnarkar, M.** (2012). "Teachers' efficacy as a function of self-esteem and burnout: A Correlational Study". *International Congress of Psychology*, Capetown, South Africa, July 22-27, 2012.
- Junnarkar, M.**, Khan A. & Eleni, F. (2012). "Implications of Teacher's Efficacy and Self Esteem on Teacher's Burnout: A Correlational Study". *International Congress of Psychology*, Capetown, South Africa, July 22-27, 2012.
- Junnarkar, M.** & Khan, A. (2011). "Eyewitness Decision Making and Recall: Effect on Sequential and Simultaneous lineup presentation on Target – Absent and Target – Present lineup". *International conference on Crossroads of Psychology and Law*, Yerevan, Armenia, November 4 to 6, 2011.

International Poster Presentation

- Sahni, S. P., & **Junnarkar, M.** (2018). "Cross-cultural Challenges of Indian and Chinese Youth". 24th Congress of the Cross Cultural Psychology, The University of Guelph, Canada, July 1-5th, 2018.
- Junnarkar, M.** & Khan, A. (2010). "Effects of Anxiety, Retention Interval and Recall on Recognition Accuracy of Eyewitness Testimony". *36th Annual Conference of Society for Police and Criminal Psychology, Honolulu, Hawaii*, September 19 – 23, 2010. (Received Best Poster Presentation Award)

National Paper Presentations

- Singh, K., **Junnarkar, M.** & Singh, D. (2016). Correlation between perceived Physical and Mental Health of Elderly Rural Women in North India. *Silver Jubilee 25th Convention of National Academy of Psychology 2015-16*, organized at Department of Psychology & Centre of Behavioral and Cognitive Sciences (CBCS) University of Allahabad, Allahabad, India, 2 – 5 February, 2016.
- Singh, K. & **Junnarkar, M.** (2015) Factors Affecting Positive Mental Health of North Indian Adolescents. *Centenary Conference on Psychology*, 9-11 October, 2015, Kolkata.
- Singh, K. & **Junnarkar, M.** (2014). Socio-demographic factors as determinants of Positive Mental Health. *40th National Annual Conference of Indian Association of Clinical Psychologist, SRM University, Kattankulathur, Tamil Nadu*, February 28-march 2, 2014.
- Junnarkar, M.** (2007). "Psycho-social adjustment of Adopted adolescents". *XVII Annual Conference of the National Academy of Psychology*, organized at Indian Institute of Technology, Kanpur.
- Junnarkar, M.** & Talvelkar, K. (2007). "Role of NGO's in Birth Registration of Slum Children in Mumbai: Action Research". *National workshop on Universal Birth Registration, A NGO – Government Interface and Interaction*, organized by UNICEF and Plan India.

Students' Guided:

Master's: 15 (Completed)

PhD: 03 (On-going)

National Paper Presentations (With Students)

Gill, S., & **Junnarkar, M.** (2017). Precursors to peak performance: Exploring the impact of mood and hope in the flow state of target sports players. *1st International Conference on Sports Medicines & Sports Sciences*, JLN Stadium, New Delhi, organized by Sports Authority of India, New Delhi, India, 7th - 9th December 2017.

Sharma, T., Krishnan, A. & **Junnarkar, M.** (2016). Well-being and Happiness of Elderly Women. *National Conference on Perspectives of Successful Ageing*, Mata Sundri College for Women, University of Delhi, In collaboration with Indian Association of Positive Psychology, Delhi, India, 23rd – 24th September, 2016.

Bhargava, R. & **Junnarkar, M.** (2016). Financial Issues and Challenges of Elderly. *National Conference on Perspectives of Successful Ageing*, Mata Sundri College for Women, University of Delhi, In collaboration with Indian Association of Positive Psychology, Delhi, India, 23rd – 24th September, 2016.

Sathe, A & **Junnarkar, M.** (2016). Effectiveness of Coping Strategies in Older Adults. *National Conference on Perspectives of Successful Ageing*, Mata Sundri College for Women, University of Delhi, In collaboration with Indian Association of Positive Psychology, Delhi, India, 23rd – 24th September, 2016.

Krishnan, A., Sharma, T., **Junnarkar, M.**, Sharma, R. & Singh, A. (2016). Effect of Socio-demographic variables on well-being measures in adolescents. *3rd International Conference on Human Behaviour & Development Issues: Growth and Sustainability*. Amity Institute of Behavioural and Allied Sciences in association with Centre for Research & Interventions for Adolescents (CRIA), Lucknow, India, 20th – 21st October, 2016.

Sharma, T., Krishnan, A., **Junnarkar, M.**, Sharma, R. & Singh, A. (2016). Effect of Socio-demographic variables on well-being measures in adolescents. *3rd International Conference on Human Behaviour & Development Issues: Growth and Sustainability*. Amity Institute of Behavioural and Allied Sciences in association with Centre for Research & Interventions for Adolescents (CRIA), Lucknow, India, 20th – 21st October, 2016.

Workshops/ Symposia Attended:

2014 Workshop on “Structural Equation Modelling in R” organized by Indian Institute of Technology Delhi, 17-19th December.

2014 National workshop on “Structural Equations Modelling for Behavioral Research Using R” organized by Centre for Computational Social Sciences, UPE-UGC, University of Mumbai, 13-14th September.

2012 National Workshop on “Scientific/ Research Paper writing” organized by The National Academy of Science, India (NASI) from June 08-10, 2012.

- 2011 Workshop on “Cognitive Neuroscience-An Interdisciplinary Approach to Understanding Behaviour” from 10-11th January 2011 organized by Dept. of Life Sciences and Dept of Psychology, Sophia College, Mumbai sponsored by The Sciences Academies.
- 2006 “Teachers Make Difference: Early Childhood Education” organized by Barrington Educational Initiative, Switzerland and SNTD Women’s University, Juhu.
- 2006 “Learning through Play” conducted by Balamandir, Chennai and organized by Indian Association of Preschool Education.
- 2005 2 day workshop on “Reactive Attachment Disorder” by Nancy Thomas organized by National Association of Adoptive Families, Bombay.
- 2005 2 day workshop on Human Rights and Law organized by Extension Education Department, Dept. of PGSR in Home Science, SNTD Women’s University in collaboration with India Center for Human Rights and Law, Mumbai.

Summer School/ Winter School:

- 2009 *Summer School on Crime, Law and Psychology*, 2009 held at Prague, Czech Republic from 4th to 11th July 2009.

Invited Lectures/ Speaker/ Panelist

- 2018 Invited lecture at Indian Institute of Technology, Delhi on “Confirmatory Factor Analysis” on 3rd November 2018
- 2018 Invited as Panelist for Mental Health Awareness Week on “Are there sufficient employment opportunities for Psychologists?” at Lady Hardinge Medical College, New Delhi on 3rd October 2018.
- 2017 Invited as Panelist at International Conference on Death Penalty in Asia Pacific: Reassessing the Contemporary Challenges to its Abolition” on December 9, 2017 at Indian Law Institute, New Delhi, India to present on “Public Opinion and Death Penalty Attitude: The Indian Perspective”
- 2017 Invited as Presenter and Panelist at Cosmology and Consciousness VI - “Compassion, Virtue and Character” from September 28th to 30th, 2017 at Norbulingka Institute Dharamsala, India to present on “Spirituality, Spiritual Practices and Well-Being”
- 2017 Invited as Key Note speaker at “The Life Empowerment Awards for School-2017; National Symposium and Awards Ceremony on 17th August 2017 to deliver a talk on “Mental Health and Psychosocial Functioning of School Going Children”.
- 2017 Invited lecture at PGSR Dept of SNTD Women’s University on “Research Tools and Techniques in Human Development” on 10th March 2017.
- 2015 Invited as Panelist for Quality Improvement Program (QIP) workshop on “Advances in Applied Positive Psychology” at the Department of Humanities and Social Sciences, Indian Institute of Technology Delhi on 8th May 2015
- 2014 Invited lecture at College of Social Work, Nirmala Niktean on “Introduction to Research Methodology: Application in Social Work”.
- 2013 Invited lecture at Indian Institute of Technology Bombay on “Eyewitness Testimony: An Insight into Empirical Investigation.

Trainings Conducted

| Sr. No. | Name of the Training | Date & Place of Training | Topic | Duration | Participants | No. of Participants |
|---------|--|---|--|-----------------|-----------------------------------|---|
| 1 | 2 Week Certificate Programme on Leadership, Management and Communication Skills for Centre of Tibetan Administration | 9-18 August 2017, Sonapat, Haryana | Conflict Resolution | 1 hour 30 mins | Monks and Nuns | 20 |
| 2 | 2 Week Certificate Programme on Leadership, Management and Communication Skills for officers of Centre of Tibetan Administration | 18-29 September 2017, Sonapat, Haryana | Conflict Resolution | 2 hours 30 mins | Tibetan Administrators | 18 |
| 3 | Stress Management & Performance Enhancement | 13 October, 2017, Durgapur, West Bengal | Stress Management & Performance Enhancement | 1 hour | Principals, Teachers | 93 |
| 4 | Stress Management & Performance Enhancement | 17 November, 2017, Raipur, Chhattisgarh | Stress Management and Performance Enhancement | 4 hours | Principals, Teachers and Students | Principals & Teachers = 116 Students = 510 |
| 5 | Performance Enhancement | 15 December, 2017, Goa | Performance Enhancement | 1 hour | Students | 80 |
| 6 | Best Teaching Practices | 15 December, 2017, Goa | Promoting Best Teaching Practices in Classroom | 45 mins | Principals and Teachers | 110 |

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| 7 | Performance Enhancement | 16 December, 2017, Goa | Performance Enhancement | 1 hour | Students | 130 |
| 8 | 5 Day Certificate Programme on Leadership Development and Stress Management for officers of the Government of Odisha | 29 January to 2 February 2018, Sonapat | Conflict Resolution | 2 hour 30 mins | Administrative Officers | 10 |
| 9 | 5 Day Certificate Programme on Leadership Development and Stress Management for officers of the Government of Odisha | 29 January to 2 February 2018, Sonapat | Coping with Workplace Stress | 2 hour 30 mins | Administrative Officers | 10 |
| 10 | Best Teaching Practices | 2 nd February 2018, Ahmedabad | Promoting Best Teaching Practices in Classroom | 45 mins | Principals and Teachers | 80 |
| 11 | Leadership and Behavioural Competencies for School Principals and Academicians | 9 th March 2018, Mumbai | Leadership Models and Behavioural Competency Indicators: Identification Parameters | 60 mins | Principals, Teachers and Teacher Trainers | 156 |
| 12 | Assertive Discipline | 19 th March 2018, Sonapat | Assertive Discipline: A roadmap to promote positive behaviour in children | 45 mins | Teachers | 44 |
| 13 | Leadership Summit for School Teachers | 21 st March 2018, Sonapat | Coping with Stress in School | 45 mins | Teachers and School Counsellors | 85 |

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| 14 | Teacher Training Programme | 29 th March 2018 | Coping with Stress in Classroom | 120 mins | Teachers | 24 |
| 15 | Teacher Training Programme | 16 th May 2018 | Coping with Stress in Classroom | 120 mins | Teachers | 17 |
| 16 | Teacher Training Programme | 8 th August 2018 | Coping with Stress in School | 45 mins | Teachers and School Counsellors | 310 |
| 17 | 5 day programme on Administrative Capability Enhancement for the CAG | 9 th January 2019 | Organizational Development & Effective Decision Making at Workplace | 90 mins each topic | CAG officers | 21 |

Events Organized and Core Member of Organizing Team

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| 2017 | Coordinator for Mind-Body Medicine to Improve Psychological Health Outcomes organized by AIPS, AUUP, Noida |
| 2017 | Scientific Committee Member for National Seminar Positive Psychology and Spirituality for Holistic Health organized by AIPS, AUUP Noida |
| 2011 | Core team member for TechFest, Dept. of Humanities and Social Sciences. |
| 2010 | Department student representative for TechFest, Dept. of Humanities and Social Sciences |
| 2009 | Brain Awareness Week organized at IIT Bombay. In collaboration with DANA foundation and International Brain Research Organization from 16 March, 2009. (Core Member of Organizing team). |
| 2008 | Brain Awareness Week organized at IIT Bombay. In collaboration with DANA foundation and International Brain Research Organization from 10-15 March, 2008. (Core Member of Organizing team). |

Internships undertaken during Bachelor's and Master's program

- ✓ 4 month student-teacher trainee at Utupal Sanghavi High School for 3-6 year old children.
- ✓ 4 months intern at AISSI Bhavan, Old age home at Goregaon.
- ✓ 6 months student-teacher trainee at Slum Balwadi, Andheri (West) conjointly run by SNTD Women's University and BMC.
- ✓ 2 months student trainee at Indian Association for Promotion of Adoption, Matunga.
- ✓ 1 month student trainee at NAAF.
- ✓ 4 months volunteer at SNEHA, Santacruz.
- ✓ 2 months trainee at Institute for Psychological Health, Thane.
- ✓ 1 month trainee at ZILS that was later converted to job.

Experience Summary

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| Assistant Professor & Assistant Director (July 2017-present) Jindal Institute of Behavioural Sciences, O. P. Jindal Global University | <ul style="list-style-type: none"> ✓ Teaching (Psychology of Courtroom (Elective 4 credit); Human Cognitive Processes (Elective 4 credit); Assessment at Workplace (Elective 2 credit); Research Methodology (Ph.D. Core 4 credit)) ✓ Conducting psychological training programmes for different stakeholders. |
| Assistant Professor (Psychology) Amity University Uttar Pradesh Noida (July 2015 – July 2017) | <ul style="list-style-type: none"> ✓ Teaching (UG, PG, M.Phil and Ph.D.) ✓ Research (Ph. D. Programme In-charge, Scientific Team Member for Conferences/ Seminars to be conducted by Institution, Guiding UG & PG students for Dissertations and 1 Ph.D. in Progress). ✓ Administrative Tasks (Institutional Data Analysis Coordinator, Programme Handbook Coordinator, Exam Paper Moderator Co-opted Member, Faculty mentor for UG Semester 4 & 6 students) |
| Consultant World Bank (December 2014 – April 2015) | Research Project titled ““Social, Non-cognitive and Human Development Outcomes in Jharkhand”” |
| Visiting Faculty College of Social Work, Mumbai (July 2014 – March 2015) | Teaching Post-Graduate course on Advance Research Methods in social work at College of Social Work, Nirmala Niketan. |
| Assistant Project Coordinator College of Social Work, Mumbai (April 2014 – June 2014) | Action Research project titled “Evaluation of Umeed Project” commissioned by Plan India |
| Post- Doctoral Fellow Indian Institute of Technology Delhi (April 2013 – April 2014) | Research Project titled “Relationship of Demographic Variables, Socio- Cultural Issues and Selected Psychological Constructs with the Positive Mental Health of North Indian Adolescents” funded by ICMR under the guidance of Prof. Kamlesh Singh at Indian Institute of Technology Delhi |
| Project Associate Indian Institute of Technology Bombay (November 2012 – February 2013) | Working on honorarium basis for designing of Research Methods Course for Dr. Azizuddin Khan and Dr. Meenakshi Gupta under NPTEL Program. |
| Sr. Research Assistant Indian Institute of Technology Bombay (July 2012 – October 2012) | Psychophysiology Laboratory, Department of Humanities and Social Sciences, Indian Institute of Technology Bombay. |
| Teaching Assistantship Indian Institute of Technology Bombay (July 2007 – July 2012) | <ul style="list-style-type: none"> ✓ Assisted Introduction to Psychology a core BTech course for 4 years. Task undertaken were 2 lectures on Eyewitness Testimony and 2 lectures on Cognitive |

Development (2 years). Paper correction, paper setting, attendance maintenance and grading of students. Class size varied from 120-250 students.

- ✓ 3 years was teaching assistant for Human Cognitive Processes. 1 year delivered 7 lectures. Paper correction, paper setting, attendance maintenance and grading of students. Class size was 20-25.
- ✓ 2 years was teaching assistant for Stress and Coping. Tasks undertaken were paper correction and grading. Class size was 40-85.
- ✓ 3 years was teaching assistant for Consumer Psychology. Tasks undertaken were paper correction, grading and guided students for project work. Class size was 25-35.
- ✓ Assisted in setup of Psychophysiology Laboratory headed by Prof. Azizuddin Khan. Task undertaken were: getting quotations for instruments from vendors, short listing of vendors, generating a list of instruments and equipment for the laboratory.
- ✓ April 2009-October 2012 was student psychophysiology laboratory in-charge. Tasks undertaken were: coordinating with funding agencies, coordination with research assistants and interns, providing timely guidance to interns and research assistants, day-to-day administrative task and maintenance of laboratory instruments and equipment.
- ✓ Provided guidance to 2 interns in drafting their Master's thesis.

Research Assistant
College of Social Work
(December 2006 – July 2007)

- ✓ Evaluative Study of Sponsorship Programme of NGO in Mumbai. Was responsible for tool construction, data collection, data analysis and report writing.
 - ✓ Action research: Role of NGO's in birth registration of slum children. Was responsible for coordination of research project with partner agencies and commissioned agency, tool construction, data collection, data analysis and report writing.
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Short Assignments

- May 2014 (8 days): Data Analysis for Dr. Sharath Kumar.
- May 2014 (15 days): Data Analysis and Reporting results for Yuvroshini project.
- July 2014 (60 days): Baseline Study for Bright Future Education, NGO.

- April 2015 (60 days): Book chapters drafting with Dr. Kamlesh Singh, Indian Institute of Technology Delhi.

Awards/ Fellowships

- Best Poster Award at *36th Annual Conference of Society for Police and Criminal Psychology, Honolulu, Hawaii*, September 19 – 23, 2010.
- Awarded Teaching Assistance from Indian Institute of Technology Bombay, 2007-2012.
- National Eligibility Test for Lectureship, June 2006, in Home Science.
- Awarded Dr. Kamath prize for securing highest marks in Adulthood and Ageing paper in M.H.Sc.
- Awarded Bank of India prize for securing highest GPA in Human Development.
- Department topper in second year of M.H.Sc.
- Awarded one year education aid and distinction certificate at 46th Winter Military Training Course organized by Bhonsala Military School, Nashik for standing 1st among all candidates.

Software Skills and Instruments handled

- SPSS
- Lisrel 8.0 Student Version
- E-Prime 2.0 Professional version
- Biosemi 64 channel EEG
- Nexus 32 channel EEG
- Microsoft office

Professional Affiliations:

- Life Membership of Home Science Association of India. Membership No. 07/J-5/LF.
- Life Membership of Indian Association of Preschool Education. Life Membership No. 174
- National Academy of Psychology (2016-2020)
- International Association of Applied Psychology (IAAP) (2018-2022).
- Student membership of International Investigative Interviewing Research Group (iIRG) (Membership No. MJ215)
- Student Membership of Society for Police and Criminal Psychology (2010-2011)

Editorial Board Member:

2016-2018 Reviewer for Journal of Indian Academy of Applied Psychology

Extra-Curricular Activities

- Awarded one year education aid and distinction certificate at 46th Winter Military Training Course organized by Bhonsala Military School, Nashik for standing 1st among all candidates.
- Represented Dept. of PGSR in Home Science in debate (English) at SNDT Yuva Mahotsav in 2004.
- Secured 1st place in English debate held at Dept. of PGSR in Home Science, SNDT Women's University.
- Secured 2nd place in Quiz competition held at Impluse, College of Home Science in 2003.
- Completed certificate course in Lamassa at College of Home Science, in 2004.
- Completed certificate course in Fruit and Vegetable carving at College of Home Science, in 2003.
- Completed certificate course in Candle-making at College of Home Science, in 2002.
- Completed certificate course in Cold Ceramic at College of Home Science, in 2002.
- Was part of the Throwball team that won 1st place in throwball championship held during academic year 1994-1995 at Sulochanadevi Singhania School.
- Participated in summer drawing camp at Jawahar Balbhavan, Mumbai in 1996.
- Passed Elementary drawing exam.
- Passed the third guides exam in the academic year 1998-1999.
- Awarded participation certificate by National Children's Science Congress for project report on Clean and Green Environment.
- Attended Maitri Shibir organized at Vivekanad Kendra in April 2000.
- Attended 17th Adventure Course organized by Dept. of Mountaineering and Allied Sports, Manali, Himachal Pradesh.
- Attended 69th Special Skiing Course organized by Dept. of Mountaineering and Allied Sports, Manali, Himachal Pradesh.
- Completed certificate course in Basic Photography from Satyam National Academy of Photography.
- Participated in Techconnect held at TechFest 2011, IIT Bombay.

Personal Information:

Date of Birth: 12th September 1983

Marital Status: Single

Permanent Address: 8/ B Udaynagar, Panchpakhadi, Thane-400602. Maharashtra.

References shall be provided if required.